

Claims

1. A chewable tablet comprising an amino acid and having an improved oral disintegration property.

5 2. An intraorally rapidly disintegrable chewable tablet comprising an amino acid.

3. The chewable tablet according to Claim 1 or 2, which comprises an oral disintegration promoting agent.

10 4. The chewable tablet according to any one of Claims 1 to 3, which further comprises a saccharide and/or a sugar alcohol.

5. A chewable tablet comprising an amino acid and an oral disintegration promoting agent.

15 6. The chewable tablet according to Claim 5, which further comprises a saccharide and/or a sugar alcohol.

7. The chewable tablet according to any one of Claims 3 to 6, wherein the oral disintegration promoting agent is sodium starch glycolate or calcium carboxymethylcellulose.

20 8. The chewable tablet according to any one of Claims 1 to 7, wherein the time until one tablet is disintegrated by saliva alone after chewing in the oral cavity of a healthy adult is 60 to 150 seconds.

9. The chewable tablet according to any one of Claims 1 to 8, wherein the amino acid content is 30 to 85% by weight.

25 10. The chewable tablet according to any one of Claims 1 to 9, wherein the hardness of the tablet is 60 N or more.

11. The chewable tablet according to any one of Claims 1 to 10, wherein the amino acid comprises one or, two or more members selected from the group consisting of valine, leucine

and isoleucine.

12. The chewable tablet according to any one of Claims 1 to 11, wherein the amino acid is a mixture of a pure amino acid and a proteolytic mixture.

5 13. A method for manufacturing a chewable tablet having an improved oral disintegration property, which comprises subjecting powder particles comprising an amino acid and an oral disintegration promoting agent to compression molding.

10 14. A method for manufacturing an intraorally rapidly disintegrable chewable tablet, which comprises subjecting powder particles comprising an amino acid and an oral disintegration promoting agent to compression molding.

15 15. The method for manufacturing a chewable tablet according to Claim 13 or 14, wherein the powder particles further comprise a saccharide and/or a sugar alcohol.

16. A portable package in which the chewable tablet according to any one of Claims 1 to 12 is contained.

17. The portable package according to Claim 16, wherein the chewable tablet is contained together with a desiccant.